

Staying fresh in Church Leadership:

- With Simple Church's different dynamics of flexibility, less checks and balances, going against the norm and often being misunderstood (even criticised), you need to be vigilant and pro-active to avoid being stale, drained or burnt-out.
- Prayer covering is essential. We must rely on God... Honestly and regularly informing your prayer team, personal accountability prayer group or partner, prayer meetings, etc... *'our battle is not against flesh and blood...'* *Ephesians 6:10-13*
- Being a self-feeding disciple to maintain a close Holy Spirit led walk is imperative. It is not by skills, knowledge, coaching, personality, etc... *'but by my Spirit says the Lord.'* (*Zechariah 4:6*). We need to keep resting in his strength and not our own (John 15:5, Matt 11:28-30), or we will get drained... Keeping in step with the Spirit (Galatians 5:16,18,25)
- Consider helps... Supplementary fellowship, reflective retreats, thankyou journaling, a conference, recordings, meditation time, worship music, etc... more God listening aids than information.
- Emotional support... realigning Sabbath times, a 'tell-all' friend, a refreshing hobby, clear boundaries around priorities and from needy people, a mentor, simplify finances, use counsellors if something arises, keep sowing into family life, etc.
- Physical considerations... Regular doctor check-ups, don't neglect exercise, sleep, laughing and good diet, regular holidays and sabbaticals (see the Navigator's *'Life-to-Life Discipleship'* outline on their website).

A Question...

- What are at least two strategies you can work on to be a more vibrant Simple Church leader?